

FLIP! EΓIβi

For Northland's Summer Sizzle

This unique session is designed for the dancer who want to to improve over-all strength, flexibility, and tumbling skills.

During each three day session, students will complete 3-hours of acrobatics training, 2-hours of strength training and one stretch class.

Students will be divided into groups based age and ability.

Upon completion, dancers will leave strong, stretched and confident, having gained the strength and the knowledge to reach new goals.

Join us for one, two, or all three sessions.

Let's see what we can accomplish, together!

Session One: June 27-29 • Session Two: July 25-27 • Session Three: August 22-24

From 5:00 - 7:00 each day

\$69/each session

Enroll in this, or any of our Sizzling Summer classes by June 17th and receive up to 25% off!

2017-2018 Registration fee = 10% off

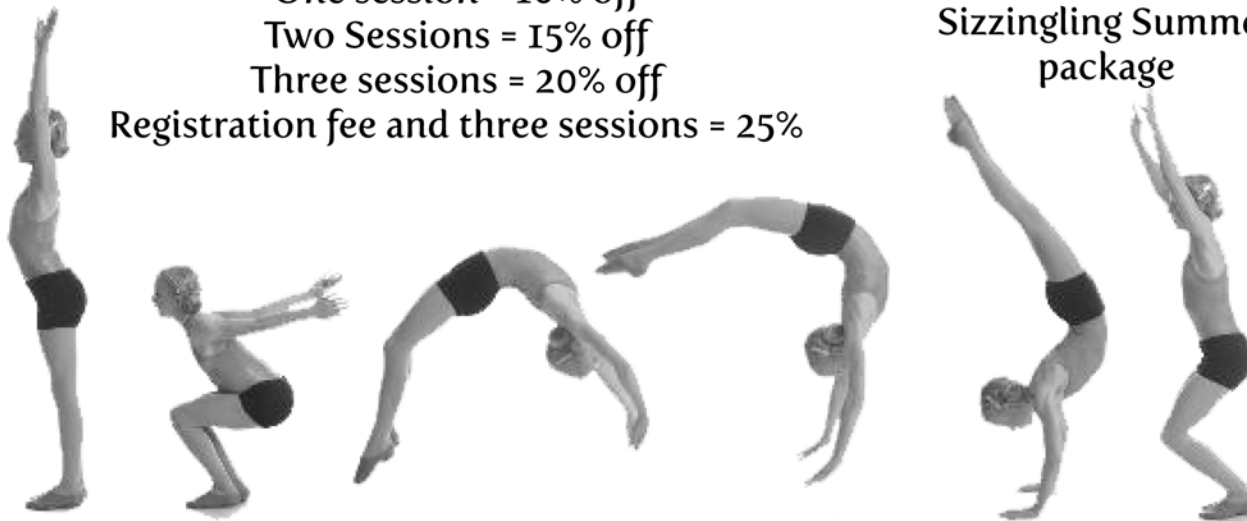
One session = 10% off

Two Sessions = 15% off

Three sessions = 20% off

Registration fee and three sessions = 25%

Create YOUR perfect
Sizzling Summer
package



For more information or to register visit www.nsoddance.com or call 763.421.5443